

## SENIOR PROJECT SELF-EVALUATION

Name: Madison King

Project Start Date: March 30, 2014

Title of Project: Homers for Childhood Obesity

Project Completion Date: March 30, 2014

1. In 40 words or more describe your project and the steps you performed to complete it. What did you produce or perform?

My performance of my project was to create a home run derby for childhood obesity. My project was only open to females in the community, aging from 11- 18. There were two different age brackets set up; one for middle school and one for high school. The steps that I performed in order to prepare for my home run derby include the following:

- Format an event schedule
- Find a guest speaker
- Create posters for my event
- Make a speech for my event
- Set up a temporary fence for middle schoolers
- Bring complementary hot dogs and drinks for my events.
- Perform my event

2. In at least 40 words explain how the project challenged you, and what sort of time challenges and resource problems did you encounter?

Although this project has come with many obstacles and problems, I have been able to overcome all of these problems encountered. For instance, I had to change my actual senior project part because the elementary school already plans out a field day for the students. I overcame this by talking to my consultant and agreeing on performing a home run derby. As for time challenges and resource problems, I have found that I was not approached with many of them. I also felt as if the weather on my event day was going to be a problem, but it wasn't.

3. List and then describe 5-8 fundamental ideas/concepts/skills of your project, which you learned during your project.

**Idea/Concept/Skill**

**Explanation**

*Planning an Event*

*In order to prepare for my event, I had to learn how to effectively plan my event out by the minute.*

*Carrying Out an Event*

*In order to proceed with my event, I had to learn how to carry my event out by myself. I had to learn how to talk to people without my mom or dad's help.*

<i>Managing Money</i>	<i>In order to carry out my event effectively, I had to learn how to manage my money efficiently. I learned the true value of a dollar throughout this event.</i>
<i>Collecting Donations</i>	<i>In order to proceed with my event, I had to learn how to collect donations in a time effective manner.</i>
<i>Donating Donations</i>	<i>In order to finish my project, I had to learn how to donate the donations that I received from participants to the Boys and Girls Club of Southeastern Virginia.</i>

4. List and describe 5-8 problems you encountered in your project, and briefly describe how you solved each.

<b><u>Problem</u></b>	<b><u>Explanation</u></b>
<i>Research</i>	<i>When we were researching our topics at Regent University, there wasn't any examples of cases involving childhood obesity. To solve this problem, I talked with the librarians about what I could possibly research for a legal issue. They were the ones that gave me the idea of searching for cases where legal guardians are being charged for their obese children.</i>
<i>Weebly Site Not Working</i>	<i>I handled the Weebly website not working by installing google chrome and using it that way.</i>
<i>School Site Blockage</i>	<i>I solved the problem of certain websites not working by uploading pictures off of my phone onto my computer.</i>
<i>Flyer</i>	<i>It was difficult making my flyers because some of the things that I wanted to put on it didn't fit or they didn't look good. I handled this problem by making several different flyers with different information on each.</i>
<i>Consultant</i>	<i>I originally thought that our consult HAD to be at our event and mine wasn't able to be there. I handled this problem by talking to Butler and Winn. Mrs. Vanschenck said that our consultant does not need to be at our event but an adult (faculty) needs to be there to fill out the form.</i>

5. Outline the process hours spent in completing the project.
- A. Estimated total hours spent on project: \_\_\_\_\_  
{Should match those detailed in Progress Report}
- B. Estimated total steps involved in your project: 10
6. Outline the steps involved in completing your project.

<b><u>Steps Involved</u></b>	<b><u>Hours</u></b>	<b><u>Date Completed</u></b>
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<b>Step 1:</b> Interview the people from the Boys and Girls Club of South Eastern Virginia to see if they could donate some supplies for my homerun derby and guest speak.	2	March
<b>Step 2:</b> Buy supplies for my event (hot dogs, buns, drinks, balls, bats, posters, etc.)	5	March 29, 2014
<b>Step 3:</b> Make sheets for my event (timesheets, event schedule, poster, liability waiver)	3	April 9, 2014
<b>Step 4:</b> Set up Weebly	3	March 27, 2014
<b>Step 5:</b> Set up event	3	April 5, 2014
<b>Step 6:</b> Complete event	4	April 6, 2014

7. List materials used.

- Paper
- Poster
- Raffle Tickets
- Bats
- Balls
- Fence and Stake Materials
- Hot dogs, Buns, and Drinks
- Banners
- Microphone
- Aluminum foil
- Coolers

8. List **all** people who helped you on the project and briefly describe the help given.

<u>Name</u>	<u>Help Given</u>
<i>Joseph Winn</i>	<i>Project Consultant; he helped me find a new project, what to collect for donations, and helped me with just general questions and concerns about my project.</i>
<i>Tracy and Jon King</i>	<i>Parents; helped supply money for anything needed in my project.</i>
<i>Barry Paul</i>	<i>Coach; gave \$100 to get food and drinks for my event.</i>
<i>Varsity Softball Team</i>	<i>Team; gave donations of food and drinks for my event.</i>

9. How does your completed project compare to the picture you had in mind when you started the project?

When I started the project, I felt like my project would go over smoothly, and would have essentially no problems. In actuality, my project came with *several* complications and problems. My project added so much unneeded stress to my already stressful life. Another complication was my consultant. My consultant had another student that he was consulting and chose to go to that senior's project instead of mine. Thinking that I needed my consultant at my event for it to happen, I was literally freaking out. After adding that stress to me, I figured out that I didn't need to have my consultant at my event; I just needed a faculty member there. The biggest problem I encountered through my project was the weather. I had to reschedule my event due to a rain out and the field being unplayable, and unsafe. My actual project turned out to be nothing like I had expected it to be. After my rain out, I had to move my event to the next week. This time, my project actually played out to be what I had hoped for and envisioned.

10. If given the opportunity, what would you do differently now that you speak from experience?

I would definitely plan for a rain out. When sending out my information about my event, I would have included a rain out schedule and have people given me a way of contacting them. My RSVP page really didn't serve a purpose because only about 15 people actually RSVP'd.

11. Now that the project is completed, explain/describe the stretch or challenge you encountered/experienced.

The stretch I encountered was definitely event planning. Being able to plan from scratch my event and carry it out was very stressful, but rewarding. I never thought that I would be able to plan such a large event and actually be able to carry it out well.

12. Beyond the project itself, what did you learn about yourself?

I learned a lot about myself throughout this project. I learned that no matter how many obstacles are thrown at me, that I can always get back up and overcome them. Nothing is ever as bad as it seems. I also learned that I like helping others and maybe that's why I want to be a teacher. I love doing good things for other people.

13. What grade would you give yourself on the project? Justify the evaluation of your grade in at least 25 words.

Justification:

I would give myself a 97% on my project for 2 reasons. The first reason is that although there were many complications and problems that I ran into, nothing was too overbearing which made me quit. I always overcame my obstacles, and my project actually came out the way I wanted it to in the end. I feel like my project gave many adolescent teenagers an idea of how bad childhood obesity is and why we need to get active every day. The second reason I would give myself a 97% is because I wasn't as organized as I'd believe I could have been. I didn't plan for bad weather when I should have. For this reason, I would deduct myself 3 points because it didn't affect my project completely; it was just a minor setback.